

# YOUR NEXT MOVE

Choosing a Neighbourhood  
with Sustainable Features



Canada 

  
CMHC  SCHL  
HOME TO CANADIANS



## CMHC—HOME TO CANADIANS

Canada Mortgage and Housing Corporation (CMHC) has been Canada's national housing agency for more than 60 years.

Together with other housing stakeholders, we help ensure that the Canadian housing system remains one of the best in the world. We are committed to helping Canadians access a wide choice of quality, environmentally sustainable and affordable homes – homes that will continue to create vibrant and healthy communities and cities across the country.

For more information, visit our website at **[www.cmhc.ca](http://www.cmhc.ca)**

You can also reach us by phone at 1-800-668-2642 or by fax at 1-800-245-9274.

Outside Canada call 613-748-2003 or fax to 613-748-2016.

Canada Mortgage and Housing Corporation supports the Government of Canada policy on access to information for people with disabilities. If you wish to obtain this publication in alternative formats, call 1-800-668-2642.

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Lors de votre prochain déménagement (62181)

# THINKING OF MOVING TO A DIFFERENT HOME?

***This guide can help you choose a neighbourhood with sustainable features.***



**B**y this we mean a neighbourhood that meets your needs while protecting the environment and leaving an affordable legacy. This type of neighbourhood offers homes that are located near shops, schools, recreation, work and other daily destinations. Like a village, these places are a pleasant, convenient and safe walk, cycle or bus ride from home. This helps you reduce driving costs and enjoy the health benefits of walking and cycling. Land and services, like roads, are used efficiently. They also feature a choice of homes that you can afford.



Old or new, sustainable neighbourhoods are places where you and your family can find not just a home to live in but a community to thrive in.

## A sustainable neighbourhood offers you:



### A village atmosphere:

Streets are for people, not just for cars. The human scale of the streets and slow speed of the cars make them comfortable, safe and pleasant places to walk. Homes and shops have a friendly face to the street. You can stop and chat with neighbours at the shops, by the front porch or at a nearby park. Neighbours can meet each other along the street, and children can play safely, like in a village.

### Value for money:

A neighbourhood is only sustainable if you can find a home that meets your needs at a price or rent you can afford. But consider long-term expenses too. Living in a neighbourhood where you can drive less, or not need a car, can save you money. You can also reduce heating and cooling costs if you live in a compact home with shared walls, such as a townhouse, semi-detached home or apartment. A smaller home and a smaller lot also means less money and time on upkeep.



### Did you know:

The average annual cost to own and operate a car in Canada is over \$9,000. If you can eliminate the need for a second car, drive less or avoid having a car at all, that's money in your pocket.

### Did you know:

A two-storey detached home loses 20% more heat than a semi-detached one and 50% more than a middle home in a row of townhouses of the same size with the same heating system, insulation and windows.

### Did you know:

The costs to service a house (build and maintain roads, water systems, etc.) are higher in spread-out and new areas than in compact and built-up ones.



**Kitsilano,  
Vancouver, British Columbia**

**A place where you can make your daily trips on foot, bike or bus:** Shopping, schools, recreation and public transit are available within a short walk from home so you don't have to use your car every time you go out. Street trees also make it a pleasant place to walk. A mixed-use neighbourhood is also a good place to have a home business because photocopy shops, supply stores and meeting places, like coffee shops, are nearby.

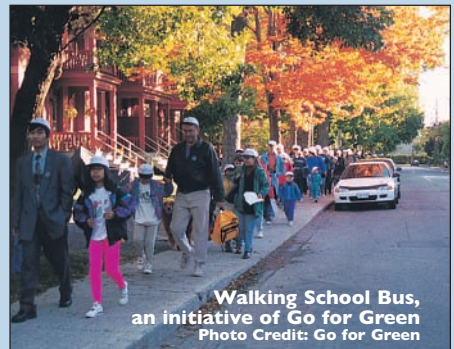
By living close to your work, you can get there easily by bus, foot, bike or a short car ride. This means spending less time in traffic. It's also good for your health, pocket book and the environment.

#### **Did you know:**

The Heart and Stroke Foundation of Canada recommends at least 30 minutes of exercise every day, like walking or biking, to reduce the risk of obesity, heart disease and stroke. Where homes are within walking distance of stores and other services, people are 2.4 times more likely to meet the 30-minute minimum than those in homes that are not within a convenient or pleasant walk to stores/services.

#### **A safe neighbourhood:**

A friendly neighbourhood means that people look out for each other. Homes close to the sidewalk with porches and windows out front allow you to keep an eye on the street. A mix of homes, shops and offices means that the neighbourhood is active throughout the day and evening. Also, traffic is less frequent and slower, making it safe for children to play. Bike lanes are provided for safety.



**Walking School Bus,  
an initiative of Go for Green  
Photo Credit: Go for Green**

#### **Did you know:**

Transit service is more frequent and convenient in compact communities than it is in spread-out ones.

**A neighbourhood you can stay in:**

A neighbourhood that offers a variety of housing choices ranging from apartments and condos to townhomes, duplexes and semi- or single-detached houses, is a neighbourhood you can stay in throughout life's changes.

As your age, family and income change, you can still find a suitable home in the same neighbourhood, where you have put down roots.



Montreal, Quebec

**Did you know:**

Trees shading your house can make it feel cooler in the summer. Healthy trees also increase your property value. They intercept rainwater, improve air quality, and make streets and public spaces more comfortable and attractive.

**Did you know:**

Asphalt surfaces, like parking lots, can make urban areas hotter than the surrounding countryside in the summer. With less asphalt surface, neighbourhoods are more attractive and land-efficient. In mixed-use neighbourhoods, fewer parking spots are needed because places with high daytime needs, like offices, are close enough to share parking with places that need more parking at night, like homes and restaurants.



**A neighbourhood that preserves the countryside:**

Because these neighbourhoods use land efficiently, natural and rural areas outside your community are also preserved for farming, wildlife, and recreation.



### Did you know:

Half of the greenhouse gases from energy use by individual Canadians come from passenger road transportation, like cars. In the Toronto area, greenhouse gases from weekday passenger travel generated by people living in mixed-use, pedestrian and transit-friendly neighbourhoods near the urban core are about 1/3 of those by people living in dispersed, strictly residential neighbourhoods on the urban fringe.

### Did you know:

Cars are a major source of smog in urban areas. So driving less helps everyone's health, particularly children, the elderly and people at risk of cardio-respiratory problems.

## A healthy place to live in:

Walking and cycling improves your physical health. Less stress from traffic congestion is also healthier, and less driving means the air is cleaner. Nature is preserved as much as possible; streams and forests left in their natural state are part of the community, with trails to make them accessible.

## A place that keeps fresh-water clean:

Streets and properties with fewer paved surfaces and more vegetation means that there are more places for ground water to soak back naturally into the soil. This means that rainwater is returned to the groundwater and streams at a natural, slow rate. This keeps water clean.

### Did you know:

Stormwater ponds and green areas that slow water down or let it soak in, reduce demand for costly sewers and water treatment.

## WHERE DO YOU FIND THESE NEIGHBOURHOODS?

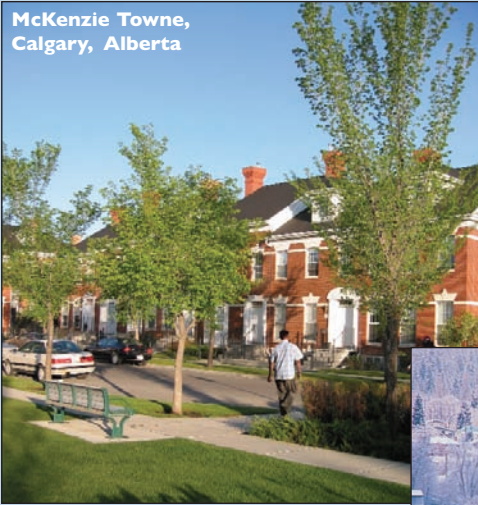
There are sustainable features in urban, suburban and rural neighbourhoods across Canada.

In urban areas, sustainable neighbourhood features are likely to be found in “urban villages” like the Kitsilano area in Vancouver, Corydon Village in Winnipeg, the Beaches in Toronto, the Plateau Mont-Royal in Montreal and Spring Garden in Halifax.



Charlottetown, Prince Edward

**McKenzie Towne,  
Calgary, Alberta**



In suburban areas, they are places like McKenzie Towne in Calgary, Cornell in Markham, Ontario and Bois-Franc in Montreal.

**Nelson, British**



In rural areas they are small towns like Nelson, British Columbia, Sackville, New Brunswick and Perth, Ontario.

## **Sustainable neighbourhoods are particularly appealing if you want:**

- a secondary apartment in your home to help with mortgage payments
- a smaller home and yard, requiring less maintenance
- close, convenient access to work, shopping, restaurants, schools and so on
- a friendly, neighbourhood atmosphere
- less time spent in traffic getting to work and driving the kids around

## **Next Steps**

In Canada, we have many neighbourhoods that have some of the features described above. Much work is being done at local, provincial and national levels to adapt existing communities and create new ones to maximize these positive features.

You, the consumer, can assist by becoming knowledgeable and asking for neighbourhoods that contain more of these features. You can play an important role in creating a more sustainable society, and at the same time, benefit from living in a neighbourhood that is livable, convenient, affordable and aesthetically pleasing.

**N**ow that you have some information, here is a checklist of sustainable neighbourhood features to help you when choosing your next home. The more questions you can circle with a “yes”, the more sustainable the neighbourhood is. If you can answer yes to any of these, you are on the right track.

**1. Can I use my car less or not need a car at all? YES NO**

Look for: nearby stores, schools, recreation facilities, restaurants, health services and other destinations that would be within walking distance. Also look for nearby bus stops and cycling lanes. Is it close to work? Find out how long a bus ride to work would take. *Remember:* walking and cycling instead of driving is better for your health and the environment. Driving less means less time spent in traffic.

**2. Can I save money by living here? YES NO**

Look for: compact homes with shared walls (like townhouses) that reduce heating costs; small homes and lots that require less upkeep; potential to drive less and as a result reduce car costs

**3. Could I stay in the neighbourhood if my housing needs change? YES NO**

Look for: a variety of dwelling types such as single-detached, semi-detached, townhouse and apartment

**4. Could I get to know my neighbours and local shopkeepers? YES NO**

Look for: buildings with a friendly face to the street, nearby community centers, parks, shops and other meeting places

**5. Is this a pleasant place to walk? YES NO**

Look for: street trees, homes that you find visually interesting, a scale that feels comfortable to you, slow moving and light traffic, roads that are easy to walk along or cross

**6. Is this a safe community? YES NO**

Look for: homes with “eyes on the street”, street lighting, safe places for children to play, safe streets for cyclists and pedestrians, slow moving and infrequent traffic

**7. Can rainwater soak naturally into the ground? YES NO**

Look for: narrow roadways, small driveways/parking areas, stormwater ponds, natural drain ways that lead to streams and park lands

**8. Have natural areas in the neighbourhood been preserved? YES NO**

Look for: native vegetation and streams with woodland edges

**9. Is land used efficiently? YES NO**

Look for: narrow roadways and modestly sized lots  
*Remember:* when land in the neighbourhood is used efficiently, rural and natural areas outside it are preserved. Servicing costs are also lower.

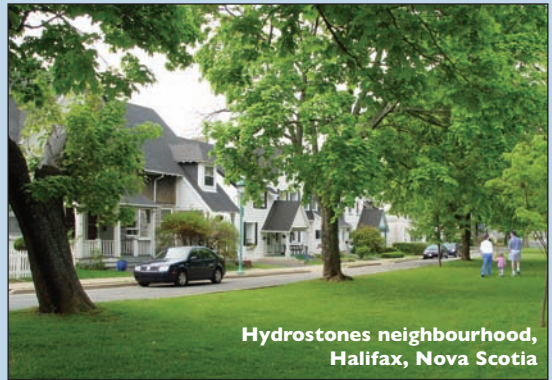


**Niagara-on-the-Lake, Ontario**

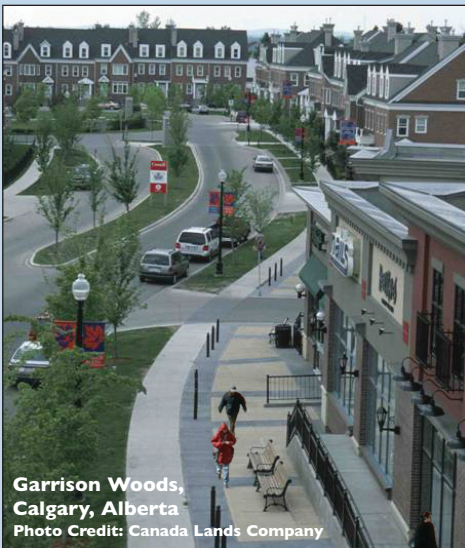
When you select the neighbourhood, you can also look for features inside the home that help to make it more sustainable. Bring along CMHC's Healthy Housing™ Practical Tips for a room-by-room guide to features that make the home healthier for you and for the environment. You can get them on the Internet at [www.cmhc.ca](http://www.cmhc.ca)

## **CMHC and You**

Quality, affordable homes, built in sustainable communities—that is an important goal of CMHC. We carry out social, economic and environmental research on housing design and technology, community planning, housing choice and finance. We offer a wide variety of information products to consumers and the housing industry to help them make informed decisions.



**Hydrostones neighbourhood,  
Halifax, Nova Scotia**



**Garrison Woods,  
Calgary, Alberta**  
Photo Credit: Canada Lands Company

Our Healthy Housing™ initiative promotes housing that is healthier for the occupants and for the environment. We also provide a wealth of information that you will need during the home buying process. After you move into your home, CMHC can assist you with a variety of information products on renovation and home maintenance and repair.

The following CMHC publications will help if you are

### Looking for a Home:

- Homebuying Step by Step: A Consumer Guide and Workbook
- The Newcomer's Guide to Canadian Housing (on the Web only)
- FlexHousing™: Homes that Adapt to Life's Changes
- FlexHousing™: Pocket Planner
- Condominium Buyer's Guide: Your Guide to Renting a Home (on the Web only)

### Doing Home Renovation, Repairs and Maintenance:

- Landscape Guide for Canadian Homes
- Renovating for Energy Savings fact sheets for houses of specific styles and ages
- Homeowner's Inspection Checklist
- Home Care: A Guide to Repair and Maintenance
- Homeowner's Manual
- Healthy Housing™ Renovation Planner
- Healthy Housing™: Practical Tips
- The Clean Air Guide: How to Identify and Correct Indoor Air Problems in Your Home
- Household Guide to Water Efficiency
- About Your House fact sheets cover a range of topics from tips on improving indoor air quality to landscaping to energy efficiency

For these information products and more, visit our website at [www.cmhc.ca](http://www.cmhc.ca) or call 1 800 668-2642.

# YOUR NEXT MOVE

## Choosing a Neighbourhood with Sustainable Features

### **About Your House Series Factsheets**

What you need to know as a homeowner – at your fingertips! CMHC's About Your House Series are easy-to-read fact sheets that cover virtually every facet of owning, maintaining and renovating your home... from basement renovations to attic venting to low maintenance lawns and everything in between. They can even help you with the purchase of a new home. Look for the new Understanding Your New Home Sales Contract and Selecting a New Home Builder fact sheets available in handy printable format on the CMHC website at [www.cmhc.ca](http://www.cmhc.ca)

**FREE**

### **Homebuying Step By Step**

Planning to buy a home? Be sure to read this handy guide and workbook first. Covers ten essential steps including determining your requirements, calculating costs, arranging a mortgage and preparing an offer. You'll also learn what to expect from real estate agents, builders and others in the home buying process. Filled with handy worksheets and checklists to help you make the right decisions. The complete Homebuying Step By Step guide is available in an instantly accessible, interactive version you can start using right away at [www.cmhc.ca](http://www.cmhc.ca).

**FREE**

### **Condominium Buyers' Guide**

Condominium living is a popular option for many Canadians as it can be a relatively carefree housing option. This Guide has been created to help you become an informed condominium buyer and help you make the best choice. Topics include: condominium types, rules and regulations, a physical checklist, a glossary of terms, information sources and a condominium selection checklist. Download your free copy at [www.cmhc.ca](http://www.cmhc.ca)

**FREE**